We continue our prayers for all The Holy Souls in Purgatory especially the Forgotten Souls as we come to the end of November. In Purgatory, the souls of many of those who have died in God's grace undergo purification so that they may enter heaven.

The Prayer of St. Gertrude, below, is one of the most famous of the prayers for Souls in Purgatory. St. Gertrude the Great was a Benedictine nun and mystic who lived in the 13th century. According to tradition, our Lord promised her that 1000 souls would be released from Purgatory each time it is said devoutly.

Eternal Father, I offer Thee the Most Precious Blood of Thy Divine Son, Jesus, in union with the Masses said throughout the world today, for all the Holy Souls in Purgatory, for sinners everywhere, for sinners in the universal church, those in my own home and within my family. Amen.

Faith Conference in the Town Hall Mitchelstown on Our Lady's Great Feast, Saturday December 8th, from 9.30am to 3.30pm. The theme is: How Our Lady has preserved and helped the faith to flourish in Ireland in challenging times, and how she can do this once again. Speakers include Fr Eamonn McCarthy (Radio Maria), Canon Michael Fitzgerald, Dr Gill Doherty, Fr John Mockler, Fr John Walsh OP. Mass and confessions also included. Donation only. Time for lunch in Mitchelstown.

Legion of Mary Meeting every Wednesday, in The Edmund Rice Centre at 10.40am. New members very welcome.

A Coffee Morning will be held in Saleen School, on Saturday, December 1st, from 11.00 to 1.00pm, in aid of Simon Community. Please support this worthy cause.

MUSIC WORKSSHOP

lan Callanan, a well-established Irish composer, released his latest collection *As Nighttime Falls*, earlier this year. It is a setting of Night Prayer for each day of the week. The collection has been very well received so far. The accompanying CD is ideal for use by individuals or groups for MUSIC WORKSSHOP

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On **Sunday 2 December** Ian will be at Mount Melleray to present a workshop on **As Nighttime Falls**. On that day the monastic community will sing Vespers for the First Sunday of Advent at the earlier time of 3:15pm in the Abbey Church and the workshop, which will take place in the Lodge/Reception building, will be begin at 4pm. It will conclude by 6pm and there will be light refreshments served after which Night Prayer for Sunday from **As Nighttime Falls** will be sung together with the monastic community at 6:30pm. Events will conclude by 7pm.

As the workshop coincides with the beginning of Advent it might provide a suitable opportunity to take a few hours away for prayer and music at Mount Melleray.